

Topical Fungal Infections

(Updated 18-11-19)

Signs and Symptoms:

1. Fungal skin infections are very common and can be confused with other skin conditions such as contact dermatitis (sudden onset, intense itch, skin redness) and cellulitis (bright red, painful, usually not itchy). Most common sites involved are the feet (tinea pedis), groin (tinea cruris), scalp (tinea capitis), and torso (tinea corporis). Symptoms include:

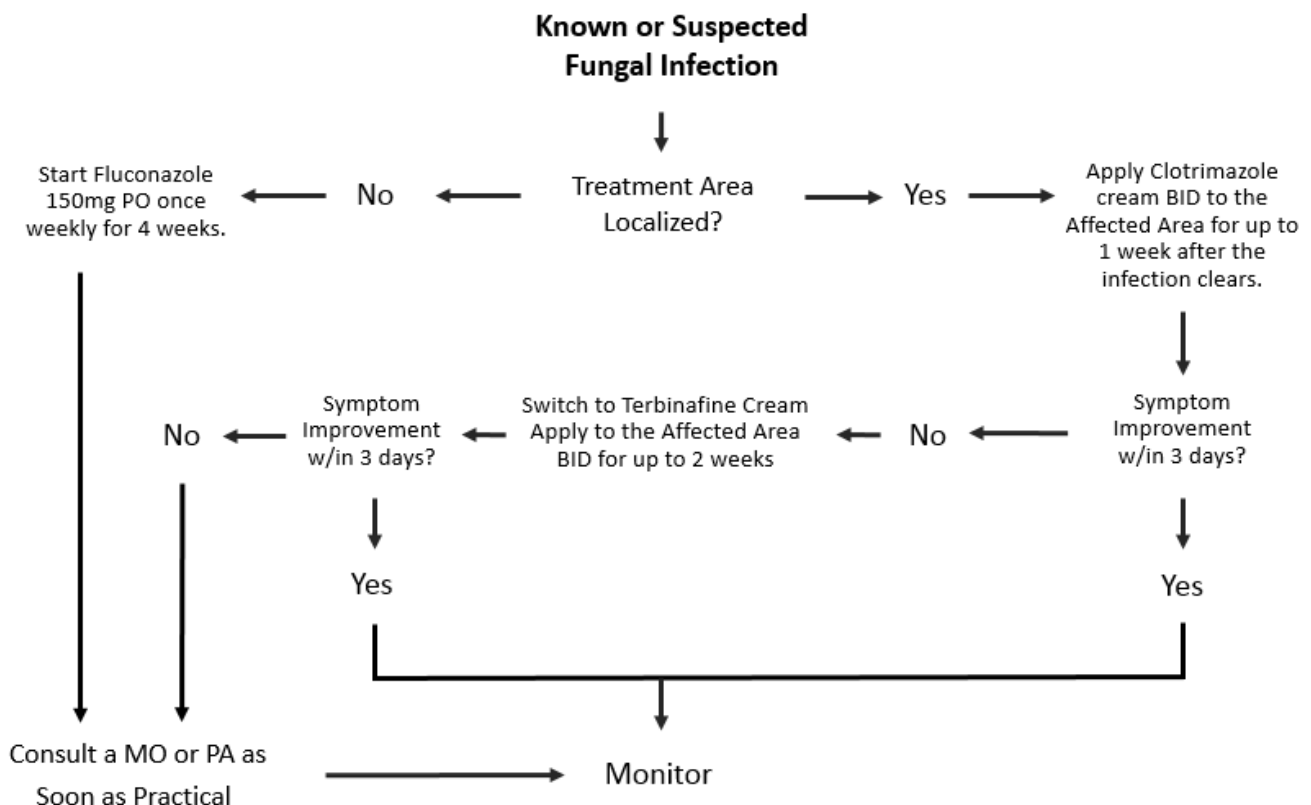
- Skin erythema
- Pruritus (variable)
- Slow spread
- Borders of the plaques are generally irregular and/or circumferential
- Often initially diagnosed as contact dermatitis but gets worse when using cortisone creams

Contraindications:

- Allergy to an indicated medication.

Management:

- Treat known or suspected topical fungal infections IAW the below figure:



Disposition:

- If worsening or treatment is ineffective, ensure patient is seen by MO or PA. Evacuation may be necessary.