Valacyclovir (Valtrex)

**Indication(s):** Recurrent Herpes Simplex Virus

**Contraindications:** Hypersensitivity to valacyclovir or acyclovir.

**Precautions:** Care should be taken to ensure adequate fluid intake in patients who are at risk of dehydration particularly in geriatric patients; Patients should be informed that VALTREX is not a cure for genital herpes. Safer sex practices should be used in combination with suppressive therapy. VALTREX alone should not be used for reducing the risk of transmitting genital herpes.

**Drug Interactions:** no clinically significant interactions have been identified.

**Adverse effects:** (>1%) Headache (13%); nausea (8%); diarrhea (4%); abdominal pain (4%); dyspepsia (3%); dizziness (2%).

**Dosage and Administration:**
- **Recurrent Herpes Labialis:** 2000mg PO BID for 1 day.
- **Recurrent Herpes Genitalis:** 500mg PO BID for 3 days.