

Terbinafine (Lamisil)

Indication(s): Fungal Skin Infection (Topical)

Contraindications: Hypersensitivity to terbinafine.

Precautions: Avoid in pregnancy

Drug Interactions: No known drug interactions for the cream formulation.

Adverse effects: (1-10%) Flaking or peeling of the skin (skin exfoliation), itching (pruritus). (<1%) Skin lesions, scabbing, change in the color of the skin (pigmentation disorder), redness of the skin (erythema), skin burning sensation, pain, application site pain, application site irritation.

Pharmacology: Inhibits ergosterol synthesis which detrimentally alters fungal cell. Increased membrane permeability and accumulation of metabolic products result in growth inhibition and cell death.

Dosage and Administration: As per *Topical Fungal Infections Protocol*: apply topically to affected areas BID for >1 but <4 weeks.